



## THE BASICS FOR YOUR LIFE

-Dr. Will Moreland-

Life is a reoccurring cycle of events. The more prepared we are the better we are equipped to handle the different cycles of life.

-Dr. Will

### Area of Focus

Yes

No

1. I have health insurance
2. I have my age worth in savings (if I'm 40, I have 40k)
3. I have life insurance
4. I have \$10,000 in emergency savings
5. I have at least a 700 credit score
6. Those I'm responsible for have health insurance
7. Those I'm responsible for have life insurance
8. I have a Will in place
9. I have established a Trust Fund for my family
10. I have my goals written out
11. I know what I want to accomplish over the next 25 years
12. I own at least 3 properties
13. I have at least 3 planned vacations a year
14. I have at least \$5000 to invest in personal development

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Ensuring you have focused on these essential areas of life will prove to be a game changer for you and help you to navigate most of life's challenges. A failure to focus on these areas will have you experience the painful outcomes that many face because they did prepare for life.

### Notes:

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